

**REGULAR DAY BELL SCHEDULE
POUGHKEEPSIE MIDDLE SCHOOL
2022-2023**

Breakfast	7:30 am - 8:00 am
Staff Arrival	8:00 am
Homeroom	8:05 am - 8:19 am
Period 1	8:21 am - 9:07 am
Period 2	9:10 am - 9:56 am
Period 3	9:59 am - 10:45 am
Period 4	10:48 am - 11:34 am
Period 5	11:37 am - 12:23 pm
Period 6	12:26 pm - 1:12 pm
Period 7	1:15 pm - 2:01pm
Period 8	2:04 pm - 2:50 pm
Dismissal	2:50 pm - 2:55 pm

9/6/2022