

**REGULAR DAY SCHEDULE**  
**POUGHKEEPSIE MIDDLE SCHOOL**

Breakfast	7:30- 8:00	
Staff Enters	8:00	
Students Enter	8:05	
<b>Homeroom</b>	<b>8:05- 8:27</b>	
Period 1	8:29 – 9:14	
Period 2	9:17 – 10:02	
Period 3	10:05 – 10:50	
Period 4	10:53 – 11:38	LUNCH 6 <sup>TH</sup>
Period 5	11:41 – 12:26	LUNCH 7 <sup>TH</sup>
Period 6	12:29: -1:14	LUNCH 8 <sup>th</sup>
Period 7	1:17 – 2:02	
Period 8	2:05 – 2:50	
Dismissal	2:55	